#### REPORT ON WOMEN'S DAY PROGRAMME

Programme Organised By: - Vishakha Committee and NSS Unit

Name Of Topic: "Journey Of Healthy Womanhood – Cooking to cosmetics

Speaker: - Dr. Poonam Shete-Mapari

Venue: - Block no 4, Ayurved college building

**Time :-** 2 pm

On the occasion of International women's day, Vishakha committee and NSS unit of BSDT's Ayurved mahavidyalya ,Wagholi, Pune organised a lecture on topic 'Journey of Healthy womanhood –cooking to cosmetics' for all the teaching staff, students and non teaching staff.

This programme was organised in Block No. 4 in Ayurved College building on 8 <sup>th</sup> of March 2022 at 2 pm. The Speaker for this programme was Dr. Poonam Shete-Mapari, Asst. Professor, Dept. Of Ras Sashtra, BSDT's Ayurved Mahavidyalya, Wagholi, Pune.

Programme began with Dhanvantari Poojan by Dr. Poonam Shete. Dr. Archana Kulkarni, Chairman Vishakha committee gave the information about vishakha committee or anti-sexual harassment committee to students and staff present there. All are made aware of the committee members in the institute and the Vishakha Guidelines.

Vaishnavi Kawde gave brief introduction about the Speaker.

Dr. Shete delivered a nice and informative lecture along with power point presentation on the topic Journey of Healthy womanhood – cooking to cosmetics. There was so much more to learn from her knowledge and experience.

42 students, 15 teaching staff and 10 non teaching staff members were attended the programme.

Programme ended on 3.30 pm with thanks giving ceremony to Speaker.



















